

## MODULE GUIDE

<b>Module title</b>	Competences for parents: communication (communication with trainers, other parents, Club's role in educating children about values and empathy.
<b>Aim of the module</b>	<ul style="list-style-type: none"><li>-Communication with other parents in a group is key to creating a safe and stimulating environment and learning opportunities for the child.</li><li>-To implement strategies to optimise the communication of clubs and coaches with the athletes' families.</li><li>- To build activities and tools so that the formative sports clubs are also educational clubs in the development of values through sport.</li></ul>
<b>Learning outcomes</b>	<ul style="list-style-type: none"><li>- Communication is the exchange of information between two or more people. It can be verbal or it can be non-verbal. Communication can also be positive, negative, effective or ineffective.</li><li>- Communication in the family has a more important function than pure information; it is a two-way bridge that connects feelings between parents and children. Family communication is basic to helping children develop strong self-esteem, a healthy personality and good social relationships.</li><li>Learning strategies and tools to foster proper and effective communication is crucial in the sports aspect of children, where parents and clubs are responsible.</li><li>Establishment of a calendar of values to work on during the season in sports clubs.</li><li>- To provide parents with knowledge about communication as a basis for better understanding and behavior in clubs and during competitions.</li></ul>

<p><b>Learning activities</b></p>	<ul style="list-style-type: none"> <li>-Creation of a school for parents, through which they are made participants in the sports learning processes of their children in a safe space where they can listen to each other and share. Implementation of strategies to involve parents in the club...</li> <li>- Creation of a decalogue of educational behavior for club families.</li> <li>- Creation of a database of tasks and activities for the promotion of empathy (role-playing).</li> <li>-Implementation of a blackboard that generates interaction between parents, athletes and club through weekly messages.</li> <li>-Use of a suggestion box: through this a more formal communicative style is practiced, reducing the risk of bad manners and tension in the exchange of opinions and impressions.</li> </ul>
<p><b>Assessment activities</b></p>	<p>The decalogue of values</p> <ul style="list-style-type: none"> <li>- Parent satisfaction surveys</li> <li>- Images of activities</li> <li>- Interviews or videos with athletes about the activities before, during and at the end of the activities.</li> <li>- Questionnaire for families about communication with the club and coaches.</li> </ul>
<p><b>Further resources</b></p>	<p>examples of best practices:</p> <ul style="list-style-type: none"> <li>- Election of a parent representative, who will be in charge of delivering to new families the decalogue of values, the rules created by them, as well as the process of communication activities, work, etc.</li> <li>-Creation of behavior cards: Green card, parents will carry green cards to highlight the fair play of children, coaches using motivational and exemplary verbalizations and green card to parents who encourage and motivate in the stands.</li> <li>- Creation of motivational bracelets and banners to encourage actions among Club parents.</li> </ul>

<b>Duration</b>	<i>1 hour per competence</i>
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