

## MODULE GUIDE

<b>Module title</b>	<b>Understanding disability</b>
<b>Aim of the module</b>	<p>To:</p> <ul style="list-style-type: none"> <li>• explore the myths and realities of disability</li> <li>• understand the meaning of disability, impairment and factors affecting the lived experiences of disabled people;</li> <li>• understand the application of models and frameworks of disability in relation to physical activity and sport.</li> </ul>
<b>Learning outcomes</b>	<p>At the end of the module learners will:</p> <ul style="list-style-type: none"> <li>• have an understanding of basic issues associated with disability;</li> <li>• understand how these issues have implications for physical activity and sport and their contribution towards the creation of a fair society for all.</li> </ul>
<b>Learning activities</b>	<ul style="list-style-type: none"> <li>• Information/discussion around disability, impairment and personal and societal factors.</li> <li>• Some simple activities to highlight specific areas and promote understanding.</li> </ul>
<b>Assessment activities</b>	<ul style="list-style-type: none"> <li>• Exercises and questions throughout to check understanding.</li> </ul>
<b>Further resources</b>	<ul style="list-style-type: none"> <li>• Some links to further reading.</li> </ul>
<b>Duration</b>	<ul style="list-style-type: none"> <li>• 1 hour self-study</li> <li>• Application of information learned to practical activities.</li> </ul>